



PRE-ANESTHESIA INSTRUCTIONS (PEDIATRIC)

Food & Drinks: For anesthesia, it is extremely important that patients have an empty stomach. Your child should not eat or drink anything, for eight (8) hours before your dental procedure. Clear liquids may be consumed until two (2) hours before the scheduled procedure. Clear liquids include water, apple juice or Gatorade. Consuming food or non-clear liquids within eight (8) hours of the procedure will result in the rescheduling of your child's appointment. FAILURE TO STRICTLY FOLLOW THESE INSTRUCTIONS COULD RESULT IN ASPIRATION AND MAY LEAD TO SERIOUS, LIFE -THREATENING COMPLICATIONS.

Transportation: Patients under age eighteen (18) must have a parent or legal guardian present at the time of surgery in order to give written consent for anesthesia. The parent or guardian must remain physically present in the office during the procedure.

Personal: Children should arrive for their procedure wearing loose fitting, comfortable clothes with a short-sleeve shirt. You may bring a small blanket from home and an extra set of clothes for your child. Avoid long sleeved shirts, jeans or onesies. Patients should not wear contact lenses or fingernail polish the day of their procedure.

Health: If your child starts to develop or show signs of a cold, fever, or any other acute illness, please call your dentist's office immediately. Congestion of the nose or chest may compromise the airway during anesthesia. To reduce the risks of anesthesia, patients with signs of illness the day of their procedure will be rescheduled.

Medicine: Medications should be taken with a small sip of water or postponed as directed by your doctor. Bring a list of all medicines your child is currently taking. Include with this list the dosage and how often the medication is taken.

Arrival: Patients who arrive late may have their surgery rescheduled for another day. The anesthesiologist reserves the right to cancel or postpone the scheduled appointment for any reason that may jeopardize the safety of the anesthetic procedure.

Questions: Your anesthesiologist will contact you the day before your scheduled procedure. Please feel free to contact us by phone **(281)323-2925** or email (info@dreamguardanesthesia.com) if you have additional questions or concerns.

Date

Patient Name

Parent/Guardian Signature